



PSYCHIC READING VIA E-MAIL FOR MICHAEL AND REGINA by Cherry Sage

Here is a reading by e-mail I did for client Michael. I will leave out the parties whole name for privacy. This reading is unusual as Michael wanted me to do a reading for his lover, Regina, who was married at the time to Mark. He wanted her to know the answers to questions she was having regarding leaving her husband and how it would affect her life and especially her children. So, Michael sent me the questions from Regina after which he gave Regina this reading. Also, there are questions that Michael also asked. So at times, the questions are Regina's at other times they questions are Michael's.

Michael's birth name is Michael <OMITTED>. He was born <OMITTED>.
Regina's birth name is Regina <OMITTED>. She was born <OMITTED>

I am dealing with the marriage first here. I look into each person and tell you who they really are inside. Then I will deal with your questions

Regina and Michael could not be further opposites then they are. They say that opposites attract but in this case these two souls will spend a great deal of time trying to reconcile their opposite personality traits in this relationship than actually blending and harmonizing their differences. Now the first thing that screams out at me is Michael's selfishness or self-centeredness. He cares a lot about is own selfish needs more than that of others' needs. He can be extremely critical of others and could have a very harsh tongue at times--very, very petty. Believe it or not, he's really a newbie in this life using the ego energy so you must forgive his ineptness in this regard. In other words, his path is that which is suppose to lead, direct, succeed through strong male energy. Qualities found in men that are aggressive, goal-oriented and determined to succeed. He is new at this at this time in this soul's progress on the physical plane. In other words, he's going to mess up big time. Due to the unbalanced nature or negative use of this particular energy around Michael, he will come across as arrogant, manipulative, selfish and self-centered.

Additionally, Michael lacked experience in previous lives having to do with relationships, responsibility and obligation. There is a subconscious fear of marriage and commitment. Michael was a woman in a former life. I feel that this soul is attempting manhood from a female perspective and it will be difficult because he's lacking in experience and familiarity in both male energy and relationship energy. He had to

submit mostly in a former life and his resistance to submission in this life is coming across as too much force and pressure and manipulation, a negative use of the male energy that is around him now in it's beginning stages. Meaning in this life, he is learning. But he also misused power as well and again, he will find himself in subordinate roles in life until he works out or balances this energy. He is masking his feelings of inadequacy and resists not feeling like a man by overcompensating in the expression of masculine traits but mostly coming across as I mentioned above, arrogant, manipulative, selfish, caustic, etc. He does not truly feel like "the man" inside and doesn't know how to go about growing, learning and evolving in positive ways. Believe it or not, he is actually very weak and indecisive and can show dependent ways which conflicts with how he'd like to see or feel about himself.

I also see a karmic debt Michael has involving the physical addictions and problems stemming from excesses. He will have to learn to not use excess or he will suffer physical illnesses.

By comparison, we now have Regina, who is totally the opposite of this energy. Her main core energy is that of helping, caring, artistic and creative. Regina is stubborn, creative, very physical (sexual) and so compassionate and giving. Sometimes Regina can give the wrong impression because she is so expressive and outgoing with a very attractive sexual appeal. There are a few things that are screaming out at me. Regina, you are weak and indecisive. You easily sacrifice yourself and your needs (so opposite of Michael) for others. Others are your main concern. But this can be too much at times. You ARE NOT a selfish person at all--Quite the opposite. Your warmth and kindness can sometimes go in the extreme sacrificing your own needs and your own happiness even to your detriment. You are a giver. You are very adaptable, versatile, physical and secretly crave freedom. Yet you are very stubborn and can be very uncooperative and this appears to be one of your lessons this time. Learning to cooperate and not resist so much. Another thing that is coming through is that you don't have much of an ego either and defer to others' needs without much fanfare and it is very difficult for you to aggressively go after something. Not much drive or assertiveness. You are low on assertiveness, which can put you into situations where you are stuck or complacent because you lack the drive or energy to do anything about it. In a way, your relationship with your husband is everything about being stuck yet at the same time you feel that you are sacrificing yourself, your needs, your happiness to someone, who is undeserving of such a sacrifice. Your children, of course, are worthy of this in your eyes.

You are by nature, very emotional. You have experienced a great deal of emotional loss in your life but you appear to me as if you are somewhat of a martyr. Every person is entitled to fulfillment. We all chose our lives. It is a choice not necessarily fate. Free will and choice is every person's fundamental entitlement as souls walking this earthly plane. It's our basic character and personality that dictates our decisions and sometimes it is hard to overcome certain weaknesses and flaws in our character that is definitely required to move to the next level of advancement to fulfillment in our lives. Without realizing it, we work to our detriment as opposed to our fulfillment and you must never feel guilty about taking steps toward possibility of being happy. You do not have to sacrifice your life although I must

say that your path does have a sacrificial element to it. It's the path you chose. You have very strong emotional needs and have made mistakes because you see things the way you'd like them to be rather than the way they are. This is a challenging energy. You are extremely imaginative and your imagination can indeed work overtime. You are very intuitive, but sometimes you block your intuition and don't trust it and go in the opposite direction of what your gut is telling you. You have the ability to go within and get real answers from your higher self, it's just that you don't trust it and may at times be frightened by what you see or sense and then your reaction is to "see" it another way. The way that is more comforting for you. It's called self-deception. And you have had your fair share of deception in your life. So you have to work on "seeing" and trusting what is real—the Truth. It's funny because you have very high ideals and to accept the unacceptable is contrary to your very nature and beats down your beautiful and generous spirit.

Hmm, I do see there is a tendency to be scattered at times. I pick up sometimes people might get the wrong idea about you because of your personality. I really like your personality. Continue to be yourself. You are talkative. Chatty. Sometimes people might think you don't have much to say but don't censure yourself. Continue to be yourself. God knows you have censured other areas of your life and it's time for you to get out! You know you want to run away from it all. As much as you "take care" of everybody else you have such a hard time accepting nurturing and loving from another. What's that all about?? ;-) I sense a fear on your part of being trapped. You have a need to feel that you are free first before you will be able to commit yourself to another relationship. You don't want restrictions placed on you by another. So you'll have to learn the difference between real love and possession. In a way, because of your past, you associate coupling or being together with something that might envelope you and prevent you from spreading your wings or feeling trapped again. Real love is not possession but sharing of one's self. You'll eventually come to realize that someone who truly loves you will want you to be happy and you will be more willing to share your life. This will happen. But first you've got to liberate yourself. More than anything I feel that you really have to liberate yourself from an oppressive situation, not only from your physical situation, but, also from the prisons of the mind. You are trapped and I keep seeing this around you; a feeling of being trapped yet unfocused on any plans for the future and seemingly an inability or lack of desire to take action.

There is a certain comfort and I feel that has to do with dependency needs and having gotten use to a certain comfort level and not wanting to change the status quo because you are not sure how things are going to be. It's like you are waiting for an easy way out of your situation. Like you would like Michael to get up and go on his own as opposed to YOU making a decision. Don't leave your future or your happiness in Michael's hands. Those are very unreliable hands. He will not see to that. He's a mess inside and his inner dynamic is just as indecisive, if not more, and he is not going to see things in a way where he'd be thinking, "what does Regina need and how can I help her." No, no, never. So if you are waiting for him you might as well pull out the knitting needles and start working on a very huge afghan to enclose yourself in because it's going to be a very long winter and your going to need a very large one to take the chill out of this

relationship. Your problem is drive. You're the type of person that needs motivation, a purpose or cause to get you going. Find that and you will find your strength, your drive and your purpose to get what Regina needs. Stop ignoring your own needs.

I will now deal with questions I have from you.

Should she stay with her husband for the sake of her children?

No one should ever stay in a bad situation for the "sake" of their children. For the "sake" of their children, the right thing to do is to remove them from a bad situation. You only re-create yourself by indoctrinating your children to make the same mistakes you did. The likelihood of them finding themselves in the same situation is very high because that is what they learned. But if they are about to graduate from high school and it's only a matter of months, then it can't possibly do any more harm by allowing them to finish because at this point, you are staying so as not to disrupt their personal lives with their friends at school. And this would be painful for them and they will not understand if you have waited this long, you can wait a while longer, from their perspective.

If so, how long? If your child finishing high school can stay in the same school, you can make preparations to leave starting now. If your transition would mean totally uprooting everything (unless there is a dangerous situation at home), then the sacrifice is understandable but you can still get things initiated and at least start preparations. These things don't just end at the snap of a finger.

If not, when should she leave? Answered.

The time to leave is upon you. If you make preparations now you will find that you will have the support you need. The decision is up to you however. No one else can make that decision for you. It has to be your choice. I'm just saying the best time is now. This year.

If she comes to me [Mark], will I be everything I've promised?

Mark is as genuine as they come. Yes, his intentions are real and he would live up to his end.

Would she be making another mistake by coming to me?

I do sense fear on your part as you are afraid of being stuck again like you are now. But after a period of time, your fear will dissolve. You've been stuck for so long and it's time to start thinking in more realistic terms. Typically, you fantasize about running far away and starting all over again but that is a fantasy and you are comfortable with your fantasies or illusions. You don't have to run away. You can simply direct your efforts in a realistic way toward freeing yourself and starting again. It's a choice. And you have the choice. Free will is a fundamental state of human consciousness. Remember the drive I spoke of earlier. You are low on drive and assertiveness. At a moments notice someone else's needs become more important than your own and you retreat. But this is some kind of behavior you seemed to have

adapted to keep yourself from moving forward (staying stuck). It's like you have two personalities. One wants release, the other believes they should stay stuck. Like you deserve it or something. Do not believe this. You do not deserve to be overcome. Will you choose "aliveness" (even if there are no safe places) or will you choose "deadness"? You must look into your inner world and change the way you react to events and choose to be happy. When you let go of fear and doubt, success will come.

There are no mistakes. We are all doing what we are supposed to be doing even when we're wondering if we should or shouldn't be doing it or think we're making mistakes or going astray. The real issue is what are you going to choose. It's still comes back to being on you not your particular circumstances which you helped to create.

Do I really love her?

Oh my gosh, yes.

Will I always love her?

Mark will always love you. It is something that he cannot control. That's the way love is. It seems to choose us but there is a past life connection between the two of you. There were just other lessons to be learned along the way.

Can she believe me? Can she trust me?

These questions are really about trust. You can trust Mark and his intentions because they are pure. He does not wish to put you in the same circumstances from which you are trying to extract yourself. He may have to make adjustment while you transition yourself which could be difficult for him more than you.

Will I be faithful?

Yes.

Will her life be better with me, with him or by herself?

Hmm, quite an interesting question. You will need to be by yourself for a time before you can live with someone else. It will be necessary because you will be very cautious and will need to feel like you are not going to become trapped again. Once you are feeling confident that he is not going to engulf your life and cause you to repeat the same mistakes, you will feel more trust

She has consistently said that she loves him because he's the father of her children but she's in love with me? Which feelings should she rely on the most?

There is a difference between gratitude and love. The feeling she should rely on is the one that will most likely bring personal fulfillment. That is an easy choice. Michael has not brought her personal fulfillment, except that he did father her children, whom she deeply loves. But true love is an obligation of the heart and soul not a physical presence based on gratitude, which is nothing more than martyrdom.

Will her children be better off or worse off if she leaves him for me?

At first they will be up and down about it. They don't seem sure of how to react. It looks to me as if they have seen you in some very low moments here. Wow, what sadness and anxiety that is around you. The children must be seeing this. They are showing me an emptiness that must be seen by the children however, they are children and you absolutely must be open and honest with them about your intentions. I am sure they are aware of your pain. It's all around you when I ask about you and your children. I don't think they are sure though of what would make you happy because you have not given them a clear indication of this. You are not thinking clearly. But be clear and peaceful when you approach them. Don't go to them until you are sure of what you are doing. They really don't know how to interpret you.

Will her children resent her or be happy for her if she chooses happiness for herself?

Haven't you sacrificed enough already. Or is it your intention to give up your entire life. They do not want that. But they do not know what you want and what will make you happy. Somehow I feel that you have to take the lead here and be honest and let them know how you really feel about your situation. This gives them a chance to come to honest conclusions about you. Don't pretend.

Hmm, I'm seeing you going about things in the wrong way here. Please give careful thought to what impression you give them. It looks like mixed messages to me. Again, don't go to them until you are clear. You are not clear. Don't say or do things out of sequence. Form the foundation of your belief first then prepare them of what you are going to do about it. This will be the most ideal way. If you approach them before you are truly ready, you will mix them up and they will not know what to feel. This is going to be a process. Do not expect instant results. Happiness is something that would not happen overnight. Some things will be painful but they will not turn against you. No way! Let them see who you are and your pain and why you must change your situation. Be creative but please be ready.

Is continuing to live in her present hostile environment bad for the children in the long run?

I answered that question above.

Will her husband cause harm to himself, her, or me if she leaves him?

They are showing Michael kind of isolated at the time these discussions take place. He seems to be in his own world. He'll give you a hard time and I think the children are going to be his strength or trump card or his pawns. It won't be pleasant no and he'll try to keep the marriage. If you decide to leave, he'll want you to come back. In no way do I see him doing harm to anyone. He will feel very badly about himself but here's the deal. Regina, this is where you get into trouble. You have very pronounced feelings of compassion and pity and these feelings will try to take over. Pity is not love. Here is where your martyr syndrome may try to make another comeback. Your overwhelming feelings of pity and compassion you may be mistaking for

love. This man needs so much to learn the lessons of his life. You are really doing him a favor to let him go. As long as you allow him to hold on to you, only prolongs or prevents him being able to learn his lessons and prolongs your agony in such an unstable environment and just starts this cycle all over again. You will again feel stuck and it becomes a vicious cycle of futility, which you are well aware of already. Pity the fact that he has not been able to learn.

Will her parents and sisters be understanding if she leaves him for me?

Your family looks generally supportive. It's not their decision but I noticed the question is if you leave Michael FOR Mark. I told you I see you leaving but being alone for a while first. I do not advise that an instant relationship be broadcasted immediately to family and friends after leaving your husband. Do your best to make it seem as if you are leaving Michael for reasons A, B and C. There are so many reasons you can cite. This will be better for all concerned. Discretion is still called for here. This will cause an embarrassment for your children if you immediately take residence with Mark not to mention damage your reputation. A respectable time apart is advised after separation. Let it seem to happen naturally and there will be no problems for you or Mark. There is no need to cause unnecessary conflicts and drama.

Will she be safe with me?

Unsure of this question. Safe in what sense?

Have I been faithful, loyal, and true like I've told her I have?

Mark has been completely honest with you. He is loyal, faithful and true. He loves you with every ounce of his being. And I am not being disingenuous. I'm completely honest in my readings. Always.

And will I continue to be?

Yes.

And will all the things I've promised her in terms of trips and experiences, come true as well after she comes to me?

If Regina allows Mark to deliver, he will deliver.

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